

USUI REIKI LEVEL I

Empower your life by learning this amazing, holistic relaxation technique!

LEARN HOW TO:

- ✓ Give Reiki to yourself, your family, and your pets
- ✓ Use Reiki to assist with personal healing of body, mind, and spirit
- ✓ Apply Reiki in all aspects of life; helping to alleviate family and professional stress

REIKI

supports and complements any traditional healing method through deep relaxation.

YOU WILL:

- ✓ Receive a Reiki Level I attunement
- ✓ Learn the history and origination of Reiki
- ✓ Increase your confidence in your abilities with classmate feedback
- ✓ Learn about the human energy system and its response to energy techniques
- ✓ Give a full Reiki treatment using body scanning, hand positions, and intuitiveness
- ✓ Receive a full Reiki treatment. Experience, firsthand, the body's relaxation response to energy

"Reiki is easy to learn and use...and it really works!"

"Reiki is a powerful tool for healing and personal growth. Its energy comes from the highest spiritual source and because of this, it will always create the best results for all concerned. It can be used to heal the body, the mind or the spirit; and can also guide us through life."

-William Lee Rand, *International Center for Reiki Training*

"A fun atmosphere of learning, sharing, and healing."

Prerequisite: None
Schedule: Sunday, April 26, 2015
9:00 am-4:00 pm

Cost: \$125.00 (includes course material)
Location: Rising Sun Holistic Choices
4216 Hills & Dales NW
Canton, OH 44708
(Between Dairy Queen
and Mary Ann Donuts)

Instructor: Kelly Stokoe, Reiki Master Teacher

Sponsored by:

PLANET ENERGY, LTD.
PO Box 6473
Canton OH 44706

To register for this class call Kelly Stokoe at 330-454-2680 or email kstokoe@planetenergyhealing.com www.planetenergyhealing.com

CLASS SIZE IS LIMITED!

A downpayment of \$50 is required for reservations no later than 7 days prior to the workshop date. Please make checks payable to: Planet Energy Ltd. Certificate will be awarded upon completion.

LEARN REIKI!